





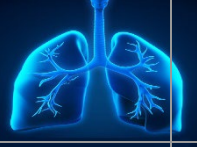
**OCTOBER, 2024**

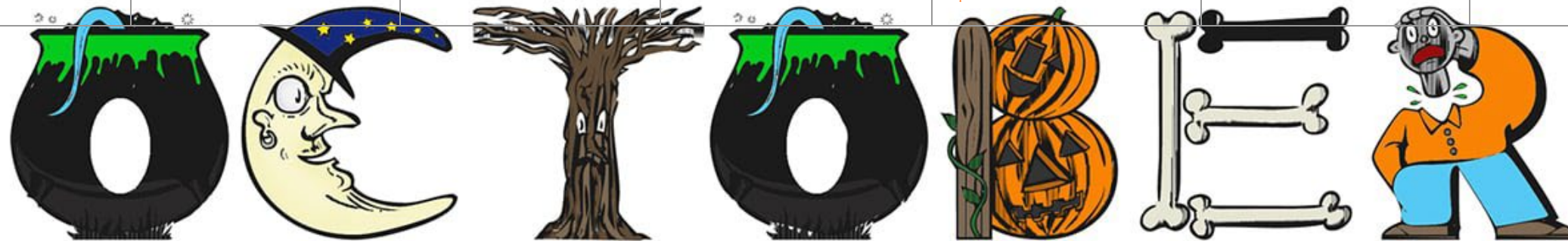
**Calendar of Events and Important Dates**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>FALL CRAFTING</b></p>	<p>1 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Nail Day 1:00 Walking 1:30 Finish Nails 6:00 Dominos</p> <p><b>BEAUTY DAY: NAILS BY KATHY &amp; HAIR BY DOT</b></p>	<p>2 10:00 Music, Devotion, Exercise 10:00 Noodle volley Balloon 11:00 Chinese checkers 1:00 Walking 2:00 Bingo 6:00 Movie of Choice</p> <p><b>ROSH HASHANAH BEGINS</b></p>	<p>3 9:30 Music 10:00 Devotion 10:15 Exercise 10:30 Painting 1:00 Walking 2:00 Cards 6:00 Dominoes</p>	<p>4 9:30 Music 10:00 Exercise 11:00 Checkers 1:00 Walking 2:00 Coffee Social 6:00 Movie of Choice</p> <p><b>ROSH HASHANA ENDS</b></p>	<p>5 10:00 Exercise 1:00 Puzzle Time 6:00 Movie of Choice</p>
<p>6 10:00 Exercise 2:00 Church Service 6:00 Resident Choice</p> <p><b>CASE MANAGEMENT WEEK 6-12</b> <b>PHYSICIAN ASSISTANT WEEK 6-12</b></p>	<p>7 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Crafting 1:00 Walking 2:00 6:00 Movie of Choice</p> <p><b>ACTIVE AGING WEEK 7-13</b></p>	<p>8 10:00 Devotion 10:15 Exercise 11:00 Nails 1:00 Walking 2:00 Noodle volleyballoon 6:00 Dominos</p>	<p>9 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Bean Bag Toss 1:00 Walking 2:00 Bingo 6:00 Movie of Choice</p>	<p>10 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 1:00 Walking 2:00 6:00 Dominoes</p> <p><b>WORLD MENTAL HEALTH DAY</b></p>	<p>11 9:30 Music 10:00 Exercise 11:00 Devotion 1:00 Walking 2:00 Painting 6:00 Movie of Choice</p> <p><b>YOM KIPPUR BEGINS</b></p>	<p>12 10:00 Exercise 1:00 Puzzle Time 6:00 Movie of Choice</p> <p><b>YOM KIPPUR ENDS</b></p>



<p>13 10:00 Exercise 6:00 Resident Choice</p> 	<p>14 9:30 Music 10:00 Devotion 10:15 Exercise <b>11:00 LEARNING ABOUT THE INDIGENOUS PEOPLE</b> 1:00 Walking 1:30 Nails 6:00 Dominoes</p>  <p><b>COLUMBUS DAY INDIGENOUS PEOPLES DAY</b></p>	<p>15 10:00 Devotion/Exercise 10:30 Cards 11:00 Nails 1:00 Walking 1:30 Finish Nails 2:00 Painting Canvas 6:00 Movie of Choice</p>	<p>16 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Scrabble 1:00 Walking 2:00 <b>UP TO BAT BREAST CANCER SURVIVORS TEA</b> 6:00 Dominoes</p>	<p>17 9:30 Music 9:45 Devotion 10:00 Exercise 11:00 Noodle Volley Balloon 1:00 Walking 2:00 Virtual Travel 6:00 Movie of choice</p>	<p>18 9:30 Music 10:00 Exercise 11:00 Devotion 1:00 Walking 2:00 Jenga 6:00 Dominoes</p>	<p>19 10:00 Exercise 1:00 Puzzle Time 6:00 Movie of Choice</p>
<p>20 10:00 Exercise 2:00 Church Service 6:00 Resident Choice</p> <p><b>HEALTHCARE QUALITY WEEK 20-26 RESPIRATORY CARE WEEK 20-26</b></p>	<p>21 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Painting 1:00 Walking 1:30 Foot Spa 6:00 Movie of Choice</p>	<p>22 9:30 Devotion 10:00 Exercise 11:00 Nails 1:00 Walking 1:30 Finish Nails 6:00 Dominoes</p>  <p><b>LUNG HEALTH DAY</b></p>	<p>23 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Rummy 1:00 Walking 1:30 Bingo 4:00 Virtual Travel 6:00 Movie of Choice</p>	<p>24 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Paraffin Hands 1:00 Walking 1:30 Bean Bag Toss 6:00 Dominos</p>	<p>25 9:30 Music 10:00 Exercise 11:00 Devotion 1:00 Walking 2:00 Ice Cream Truck 6:00 Movie of Choice</p>	<p>26 10:00 Exercise 6:00 Movie of Choice</p>
<p>27 10:00 Exercise 2:00 Church Service 6:00 Resident Choice</p>	<p>28 9:30 Music 10:00 Devotion 10:15 Exercise <b>2:00 TRICK OR TREAT</b> 6:00 Movie of Choice</p>	<p>29 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Nails 1:30 Finish Nails 6:00 Movie of Choice</p>	<p>30 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Virtual Travel 1:00 Walking 1:30 Bingo 6:00 Movie of Choice</p>	<p>31 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Cards 1:00 Walking 6:00 Movie of Choice</p> <p><b>HALLOWEEN</b></p>	<p><b>***Calendar Subject to Change***</b></p>	



**WE WILL BE STARTING STEP ON IT THIS MONTH! STAY TUNED!**

## **WEEKLY & MONTHLY CELEBRATIONS**

### **Weekly Observances in October 2024**

- **October 1 to 7:** National Walk Your Dog Week
- **October 3 to 9:** Animal Welfare Week
- **October 4 to 10:** World Space Week
- **October 6 to 12:** Mental Illness Awareness Week, National Physician Assistants Week
- **October 20 to 26:** National Friends of Libraries Week, Respiratory Care Week, Wolf Awareness Week
- **October 21 to 25:** National Health Education Week
- **October 23 to 31:** Red Ribbon Week
- **October 24 to 31:** Bat Appreciation Week

### **Monthly Observances in October 2024**

- Adopt a Shelter Dog Month
- ADHD Awareness Month
- Bat Appreciation Month
- Blindness Awareness Month
- Breast Cancer Awareness Month
- Country Music Month
- Emotional Wellness Month
- Fair Trade Month
- Halloween Safety Month
- International Walk To School Month

- National Animal Safety and Protection Month
- National Apple Month
- National Book Month
- National Caramel Month
- National Chili Month
- National Cookbook Month
- National Cookie Month
- National Dessert Month
- National Pasta Month
- National Pet Wellness Month
- National Physical Therapy Month
- National Pizza Month
- National Pretzel Month
- World Animal Month
- World Bullying Prevention Month

## **DAYS OF CELEBRATION**

**OCTOBER 1<sup>ST</sup> INTERNATIONAL COFFEE DAY & NATIONAL HOMEMADE COOKIE DAY**

**OCTOBER 4<sup>TH</sup> NATIONAL TACO & WORLD SMILE DAY**

**OCTOBER 5<sup>TH</sup> WORLD CARD MAKING DAY**

**OCTOBER 6<sup>TH</sup> WORLD CERERAL PALSY DAY**

**OCTOBER 9<sup>TH</sup> NATIONAL STOP BULLYING DAY**

**OCTPBER 10<sup>TH</sup> WORLD SIGHT DAY**

**OCTOBER 11<sup>TH</sup> NATIONAL SAUSAGE PIZZA DAY**

**OCTOBER 13<sup>TH</sup> BREAST CANCER AWARENESS DAY & NATIONAL TRAIN YOUR BRAIN DAY**

**OCTOBER 15<sup>TH</sup> I LOVE LUCY DAY & NATIONAL PHARMACY TECHNICIAN DAY**

**OCTOBER 16<sup>TH</sup> NATIONAL BOSS' DAY**

**OCTOBER 17<sup>TH</sup> BLACK POETRY DAY**

**OCTOBER 18<sup>TH</sup> NATIONAL MAMMOGRAPHY DAY**

**OCTOBER 20<sup>TH</sup> NATIONAL DAY OF WRITING**

**OCTOBER 28<sup>TH</sup> NATIONAL CHOCOLATE DAY & WORLD STROKE DAY**