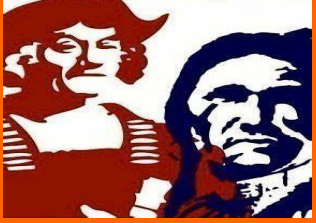




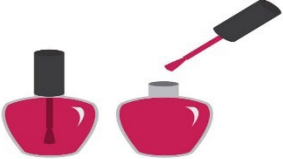





Foley Calendar of Events and Activities

October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Happy Birthday to:</p> <p>R. Wilson</p> <p>S. Vincent</p> <p>I. Valdespino</p> <p>D. Doyle</p>		<p>1</p> <p>10:00 Chair Yoga with Shirley</p> <p>1:30 Load for Flu Shots at CVS</p> <p>3:30 Let's Play Uno!</p> 	<p>2</p> <p>10:00 Simply Seated Exercise</p> <p>2:00 Bingo</p> <p>3:30 Book Club with the Foley Library</p> 	<p>3</p> <p>10:00 Chair Yoga with Shirley</p> <p>2:00 Ageless Grace Exercise with Sharyon</p> <p>3:30 Hydration Station</p> 	<p>4</p> <p>10:00 Simply Seated Exercise</p> <p>2:00 Bingo</p> <p>3:30 Show and Tell</p> 	<p>5</p> <p>2:00 New Life Christian Church</p> <p>Alabama vs Vanderbilt TBA</p> <p>Auburn vs Georgia TBA</p> 
<p>6</p> <p>2:00 Summerdale Church Of Christ</p> 	<p>7</p> <p>10:00 Devotion with Sue</p> <p>2:00 Karaoke with Tiler and Jeremy!</p> 	<p>8</p> <p>10:00 Chair Exercise With Shirley</p> <p>1:30 Load for Flu Shots at CVS</p> <p>3:00 Spirit Committee meets to decorate for Oktoberfest</p> 	<p>9 Oktoberfest!</p> <p>10:30-Germany Armchair Travels</p> <p>11:30 Photo Booth</p> <p>12:00-Oktoberfest Lunch</p> <p>2:00-Bingo</p> <p>3:15 -Pretzel Walk</p> <p>3:30 Book Club with Holli</p> 	<p>10</p> <p>10:00 Chair Yoga with Shirley</p> <p>1:30 Hollywood Trivia</p> <p>2:00 Thursday Throwback Afternoon Movie "To Kill a Mockingbird"</p> 	<p>11</p> <p>9:00 Load for Lillian Cattle Farm and Pumpkin Patch</p> <p>2:00-Bingo</p> <p>3:30 Show and Tell</p> 	<p>12 Bored Board</p> <p>Alabama vs South Carolina @ 11am</p> 

<p>13</p> <p>2:00 Fisherman Church</p> 	<p>14 Columbus Day Indigenous Persons Day 10:00 Bayside Baptist Sing A Long 2:00 Bingo 3:30- Native American Frybread Social on the Patio</p> 	<p>15 10:00 Chair Yoga with Shirley 1:15-Load for Walmart And Dollar Tree Trip 2:30-Return from Shopping 3:30-Let's Play Spoons!</p> 	<p>16 10:00 Simply Seated Exercise 2:00 Bingo in the Living Room 3:30 Book Club meets in the library</p> 	<p>17 10:00 Chair Yoga with Shirley 2:00 Sparkles and Shimmers \$5 Jewelry Show</p>  <p>Tanya Off</p>	<p>18 10:00 Devotion with Sherri and Gary in the Library 2:00 Bingo in the Living Room with Barbara!</p> <p>Wear Pink from Head to toe!</p> <p>Join us as we support those who have been affected by Breast Cancer</p>	<p>19 9:15 Load for Foley's Farmers Market 2:00 Saturday Movie Matinee "We are Marshall" Alabama vs Tennessee TBA Auburn vs Missouri TBA</p> 
<p>20 "The LORD is my light and my salvation-whom shall I fear? The LORD is the stronghold of my life-of whom shall I be afraid?"</p> <p>Psalm 27:1</p>	<p>21 10:00 Devotion with Lea 2:00 Bingo 3:15 Nails by Kala</p> 	<p>22 10:00 Chair Yoga with Shirley 2:00 Ageless Grace Exercise with Miss Sharyon 3:00 Hydration Station</p> 	<p>23 Breakfast Club Day 7:15 Load for the Sunliner Diner in Gulf Shores 10:00 Exercise 2:00 Bingo</p> 	<p>24 10:00 Chair Yoga with Shirley 2:00 Monthly Birthday Party with Mary and Andy</p> 	<p>25 10:00 Simply Seated Exercise 2:00 Bingo 3:30 Trivia with Tanya</p> 	<p>26 Bored Board</p>  <p>Alabama vs Missouri TBA Auburn vs Kentucky TBA</p> 
<p>27 2:00 Foley Assembly of God Church</p>	<p>28 :00 Simply Seated Exercise 2:00 Bingo in the Living Room 3:30 Painting with a Twist</p>	<p>29 10:00 Chair Yoga with Shirley 1:15 Food Committee Meeting 2:00 Resident Council</p>	<p>30 10:00 Chair Exercises 2:00 Bingo 3:30 Face Painting booth 5:30 Trunk or Treat Event with Music guest Vickie and Hubby</p>	<p>31 Happy Halloween! 10:00 Halloween fitness with aveanna! 11:30 Resident Halloween Costume Contest 2:00 Halloween Party with Music</p>	<p>We welcome our new resident: J. Butts So glad you are here!</p>	