

# January, COUNTRY PLACE SENIOR LIVING 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Puzzle Time 1:00 Walking 1:30 Beach Ball Trivia 6:00 Dominos</p> <p><b>KWANZAA ENDS NEW YEAR'S DAY</b></p>	<p>2 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 1:00 Walking 1:30 Nails 6:00 Movie time</p>	<p>3 9:30 Music 10:00 Exercise 11:00 Crafting 1:00 Walking 1:30 Bingo 6:00 Dominos</p>	<p>4 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Painting 1:00 Walking 1:30 Decade Trivia 6:00 Movie Night</p>	<p>5 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Journaling 1:00 Walking 1:30 6:00 Dominos</p>	<p>6 10:00 Exercise 1:00 Puzzle Time 6:00 Movie of Choice</p>
<p>7 10:00 Exercise 6:00 Resident Choice</p>	<p>8 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Puzzle Time 1:00 Walking 1:30 Beach Ball Trivia 6:00 Dominos</p> <p><b>ORGANIZE YOUR HOME DAY</b></p>	<p>9 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 1:00 Walking 1:30 Nails 6:00 Dominos</p>	<p>10 9:30 Music 10:00 Exercise 11:00 Crafting 1:00 Walking 1:30 Bingo 6:00 Movie Time</p>	<p>11 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Painting 1:00 Walking 1:30 Decade Trivia 6:00 Dominos</p> <p>INTERNATIONAL THANK YOU DAY</p>	<p>12 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Journaling 1:00 Walking 1:30 6:00 Dominos</p> <p>NATIONAL PHARMACIST DAY</p>	<p>13 10:00 Exercise 1:00 Puzzle Time 6:00 Movie of Choice</p>
<p>14 10:00 Exercise 6:00 Resident Choice</p>	<p>15 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Puzzle Time 1:00 Walking 1:30 Beach Ball Trivia</p>	<p>16 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 1:00 Walking 1:30 Nails 6:00 Movie Night</p>	<p>17 9:30 Music 10:00 Exercise 11:00 Crafting 1:00 Walking 1:30 Bingo 6:00 Dominos</p>	<p>18 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Painting 1:00 Walking 1:30 Decade Trivia</p>	<p>19 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Journaling 1:00 Walking 1:30 Beach Ball Trivia</p>	<p>20 10:00 Exercise 1:00 Puzzle Time 6:00 Movie of Choice</p>

	6:00 Dominos  <b>MARTIN LUTHER KING, JR. DAY</b>  oc birthday			6:00 Movie Night  MAINTENANCE DAY	6:00 Dominos	
21 10:00 Exercise 6:00 Resident Choice	22 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Puzzle Time 1:00 Walking 1:30 Beach Ball Trivia 6:00 Movie Night  ANSWER YOUR CAT'S QUESTION DAY	23 9:30 Music 10:00 Devotion 10:15 Exercise 11:00 Rook 1:00 Walking 1:30 Snowball Fight 6:00 Dominos  NATIONAL COMPLIMENT DAY	24 9:30 Music 10:00 Exercise 11:00 Crafting 1:00 Walking 1:30 Bingo 6:00 Movie of Choice  "JUST DO IT" DAY  WOMEN'S HEALTHY WEIGHT DAY	25 9:30 Music 10:00 Exercise 11:00 Crafting 1:00 Walking 1:30 6:00 Dominos  FUN AT WORK DAY- SNOWBALL FIGHT, BALLOON VOLLEYBALL	26 9:30 Music 10:00 Exercise 11:00 Crafting 1:00 Walking 1:30 Bingo 6:00 Movie of Choice	27 10:00 Exercise 1:00 Puzzle Time 6:00 Movie of Choice
28 10:00 Exercise 6:00 Resident Choice	29 9:30 Music 10:00 Exercise 11:00 Crafting 1:00 Walking 1:30 6:00 Dominos  jm birthday	30 9:30 Music 10:00 Exercise 11:00 1:00 Walking 1:30 6:00 Movie of Choice	31 9:30 Music 10:00 Exercise 11:00 Crafting 1:00 Walking 1:30 Bingo 6:00 Dominos			

# EVENTS

**JANUARY IS** GLAUCOMA AWARENESS MONTH, NATIONAL BLOOD DONOR MONTH, AUTISM AWARENESS MONTH, BOOK BLITZ MONTH, CELEBRATE THE PAST MONTH, CHRISTIAN/JEWISH HUMOR MONTH, COFFEE GOURMET INTERNATIONAL MONTH, DIET MONTH, FAMILY FIT LIFESTYLE MONTH, FAT FREE LIVING MONTH, FINANCIAL WELLNESS MONTH, GET OVER IT MONTH, IMAGE IMPROVEMENT MONTH