

# Country Place Senior Living Foley Activity and events January 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 morning stretch 10:00 Devotion with Sue 2:00 New Years Party	2 9:30 Devotion 10:00 Chair Yoga 2:00 Donation swap/drop off	3 9:15-9:30 Bookmobile 10:00 Wellness Day with Nurse Kala 2:00 Bowling	4 9:00 morning reflection 10:00 Chair Yoga 2:00 Penny toss and tic tac toe	5 9:00 morning walk 10:00 Bayside Baptist Church 2:00 Bingo	6 Sudoku, word search, trivia sheet 6:00pm movie
7 10:00 or 3:00 resident simple manicures	8 9:00 morning walk 10:00 Elvis Birthday 2:00 60 <sup>th</sup> themed Bingo	9 9:30 Devotion 10:00 Chair Yoga 2:00 Wheel of Fortune	10 9:00 morning stretch 10:00 January flower craft 2:00 Bingo	11 9:00 morning walk 10:00 Chair Yoga 2:00 Young and David musicians	12 9:00 morning stretch 10:00 Pharmacist Day Samantha with Integracare 2:00 Family Bingo with Hot Chocolate	13 Dominos, uno, coloring sheets 6:00pm movie
14 10:00 or 3:00 resident simple manicures Fisherman Baptist Church at 2:00	15 9:00 morning stretch 10:00 Snowflake craft 2:00 Bingo	16 9:30 Devotion 10:00 Chair Yoga 2:00 Classical Music	17 9:15-9:30 Bookmobile 10:00 Western dance 2:00 Western Day with Camelot Farms	18 9:00 morning Walk 10:00 Chair Yoga 2:00 What's inside the box game	19 9:00 morning stretch 10:00 Devotion with Cherri 2:00 Bingo with popcorn	20 Fill in the blank, card games, puzzles 6:00pm movie

<p style="text-align: right;">21</p> <p>10:00 or 3:00 resident simple manicures</p>	<p style="text-align: right;">22</p> <p><b>9:00 morning walk</b> <b>10:00 Devotion with Leah</b> <b>2:00 January Birthday Celebrations</b></p>	<p style="text-align: right;">23</p> <p><b>9:30 Devotion</b> <b>10:00 Chair Yoga</b> <b>2:00 Young and David musicians</b></p>	<p style="text-align: right;">24</p> <p><b>9:00 morning stretch</b> <b>10:00 Adopt a snowman.</b> <b>2:00 Resident council meeting with hot chocolate</b></p>	<p style="text-align: right;">25</p> <p><b>9:00 morning walk</b> <b>10:00 Chair Yoga</b> <b>2:00 Trivia</b></p>	<p style="text-align: right;">26</p> <p><b>9:00 morning stretch</b> <b>10:00 Petting Zoo</b> <b>2:00 Bingo wear funny socks</b></p>	<p style="text-align: right;">27</p> <p>Word search, coloring, card games 6:00pm movie</p>
<p style="text-align: right;">28</p> <p>Foley Assembly Church</p>	<p style="text-align: right;">29</p> <p><b>9:00 morning walk</b> <b>10:00 Game Day</b> <b>2:00 Bingo with Victoria</b></p>	<p style="text-align: right;">30</p> <p><b>9:30 Devotion</b> <b>10:00 Chair Yoga</b> <b>2:00 Cornhole game</b></p>	<p style="text-align: right;">31</p> <p><b>9:15-9:30 Bookmobile</b> <b>10:00 Bird watching</b> <b>2:00 Bingo</b></p>			